Learn what you can do with a my Social Security account



If you do not receive benefits, you can:

- Request a replacement Social Security card (if you meet certain requirements).
- Check the status of your application or appeal.
- Get your Social Security Statement, to review:
 - Estimates of your future benefits.
 - The estimated Social Security and Medicare taxes that you have paid.
- Check your earnings to verify the amounts that we posted are correct.
- Get personalized retirement benefit estimates based on the date or age you want to start receiving benefits.
- Get estimates for spouse's benefits.
- Get a Benefit Verification Letter stating that:
 - You never received Social Security benefits,
 Supplemental Security Income (SSI), or Medicare.
 - You received benefits in the past, but do not currently receive them.
 - You applied for benefits, but have not received an answer yet.

If you receive benefits or have Medicare, you can:

- Request a replacement Social Security card (if you meet certain requirements).
- Report your wages if you work and receive Social Security Disability Insurance (SSDI) benefits or Supplemental Security Income (SSI) payments.
- Get your Benefit Verification Letter.
- Check your benefit and payment information and your earnings record.
- Change your address and phone number.
- Start or change direct deposit of your benefit payment.
- Request a replacement Medicare card.
- Get a replacement SSA-1099 or SSA-1042S for tax season.
- Opt out of mailed notices that are available online.

A *my* Social Security

account is where you go to check your Social Security information and conduct business with us.

To establish an account, you must:

- Have a valid email address.
- Be at least 18 years of age.
- Have a Social Security number.
- Have a U.S. mailing address.

Our commitment to protect you

You can be confident we protect your personal information 24/7 on all our methods of service. We have implemented a best-in-class cybersecurity program. It controls access to your information with real-time identity verification and other security practices.

